New HOPE Ministries

*Sharing Christ's love by meeting human needs*

# Food Pantry Grocery List

- [ ] Applesauce
- [ ] Boxed meal mixes (chicken helpers; home style bakes)
- [ ] Breakfast cereals and pancake mix, instant oatmeal
- [ ] **Canned chicken, tuna or beef stew**
- [ ] **Canned fruit and fruit cups**
- [ ] Canned milk
- [ ] Canned ravioli or other canned pasta
- [ ] **Canned vegetables**
- [ ] Cookies or cookie mix
- [ ] Dry milk, flour; sugar; brown sugar
- [ ] Ground coffee; tea bags; iced tea mix
- [ ] Infant formula
- [ ] Instant potatoes; rice mixes
- [ ] **Juice and juice boxes**
- [ ] **Ketchup and mustard**
- [ ] Mayonnaise, Miracle Whip
- [ ] Muffin, cake, bread mixes
- [ ] Pancake syrup
- [ ] **Peanut Butter**
- [ ] Powdered drink mixes
- [ ] Pudding or Jell-O
- [ ] Raisins
- [ ] Vegetable oil, including spray
- [ ] Pasta
- [ ] Macaroni and cheese
- [ ] Jelly or jam
- [ ] Canned gravy
- [ ] Saltine crackers; snack crackers
- [ ] Salt, pepper
- [ ] Popcorn

***Cleaning and Hygiene items***

- [ ] Bar soap
- [ ] Deodorant (men's and women's)
- [ ] **Diapers, wipes, diaper cream**
- [ ] Dish soap
- [ ] Disposable razors (men's and women's)
- [ ] **Feminine hygiene products**
- [ ] **Laundry detergent**
- [ ] **Shampoo**
- [ ] Shaving cream
- [ ] **Toilet paper; paper towels**
- [ ] Toothpaste
- [ ] Toothbrushes

We also welcome donations of fresh or frozen meats, fresh fruits and vegetables, and milk and dairy products. **Most-needed items are in boldface font.**

Donations typically accepted Monday through Friday between 9:00am and 4:00pm at our centers listed below. See website for details: **www.nhm-pa.org**

***Dillsburg Center***
99 W. Church St
Dillsburg, PA 17019
717-432-3053

***Dover Center***
62 North Main Street
Dover, PA 17315
717-292-3441

***Enola Center***
110 Altoona Avenue
Enola, PA 17025
717-996-9006

***Hanover Center***
135 Baltimore Street
Hanover, PA 17331
717-698-3365

***Littlestown Center***
1113 Frederick Pike
Littlestown, PA 17340
717-848-0885

***Mechanicsburg Center***
5228 E. Trindle Rd
Mechanicsburg, PA 17050
717-766-7333

***New Oxford Center***
154 Enterprise Dr
New Oxford, PA 17350
717-624-4700

***Red Land Center***
539 Old York Rd
New Cumberland, PA 17070
717-774-6255

***West Shore Center***
701 Bosler Ave
Lemoyne, PA 17043
717-774-6255

Revised February 2023

# Food Pantry Grocery List

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- ☐ Breakfast cereals
- ☐ Canned beans
- ☐ **Canned tuna and chicken**
- ☐ **Canned fruit**
- ☐ Canned soup
- ☐ **Canned vegetables**
- ☐ Flour; sugar; brown sugar
- ☐ Coffee or tea
- ☐ Infant formula
- ☐ Instant potatoes; rice mixes
- ☐ **Juice**
- ☐ **Condiments**
- ☐ **Peanut Butter**
- ☐ Pudding or Jell-O
- ☐ Vegetable oil
- ☐ Pasta
- ☐ Pasta Sauce
- ☐ Macaroni and cheese
- ☐ Jelly or jam
- ☐ Canned gravy
- ☐ Saltine crackers; snack crackers

***Cleaning and Hygiene items***

- ☐ Soap
- ☐ Deodorant
- ☐ **Diapers Size 2-7**
- ☐ Dish soap
- ☐ Disposable razors
- ☐ **Feminine hygiene products**
- ☐ **Laundry detergent**
- ☐ **Shampoo**
- ☐ Shaving cream
- ☐ **Toilet paper; paper towels**
- ☐ Toothbrushes and Toothpaste

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New Oxford, PA 17350
717-624-4700

***Red Land Center***
539 Old York Rd
New Cumberland, PA 17070
717-774-6255

***Spring Grove Center***
1472 Roths Church Road, Suite 105,
Spring Grove, PA 17362
717-739-4739

***West Shore Center***
701 Bosler Ave
Lemoyne, PA 17043
717-774-6255